# **ASHLYNS CARE HOME**

BERKHAMSTED, HERTFORDSHIRE



**Ashlyns** is ideally situated in 13 acres of parklands within the historic Ashlyns Hall Estate in the small market town of Berkhamsted. The home is close to the town centre as well as open countryside and the beautiful National Trust woodland area of the Ashridge Estate.



See the quality BSM Care engagement and wellbeing lifestyle for yourself...







BOM E S

T: 01442 870565 | E: ashlyns@bmcare.co.uk | W: www.bmcare.co.uk Ashlyns Care Home, Chesham Road, Berkhamsted, Hertfordshire, HP4 2ST



### The Care We Offer:

- Fully inclusive, 24hr person centred care by experienced staff
- Long term residential care for older people
- Long term specialist dementia care in a safe,
- engaging environment designed using our Rose Model of Dementia Care
- Short stay, respite and holiday breaks (subject to availability).

#### **Facilities:**

- 58 en-suite rooms
- Ground floor courtyard design
- TV & telephone points in all rooms
- SKY TV available by arrangement
- Rooms can be personalised
- Call bell system for assistance at any time
- Assisted bath and shower rooms
- Choice of resident and visitor lounges
- Fully inclusive dining in a choice of four dining areas

- Garden conservatories
- Fully inclusive in-house laundry
- Hair and Treatment Salon
- Residents Shop
- Easy access to private walled landscaped gardens, patios and courtyards
- Greenhouse
- GP, district nurse, optician, chiropodist, dentist by appointment
- Ashlyns transport for trips out.





## Dining:

Our skilled chefs regularly create new, varied menus featuring delicious, nutritionally balanced meals. Dining is inclusive to all dietary needs or preferences, and a range of choices is provided. Residents can decide to enjoy their meals in our comfortable dining rooms, or in the privacy of their own room. We ensure refreshments and snacks are always available, 24/7.

# **Lifestyle and Activities:**

We create a safe, stimulating environment where the highest standards of care are provided. Our aim is always to promote, encourage and maintain a resident's independence and quality of life. We facilitate an active, social lifestyle - with community, friends and families always welcome. Our dedicated Engagement Leads organise varied social calendars for events and entertainment, in groups and individually. Every resident experiences meaningful occupation, designed around their personal wishes and preferences.



### The Staff:

- Select team of experienced, professional staff
- Our staff training programmes are industry-envied, particularly our expert dementia care training
- Appropriate ratios of staff both day and night
- Emphasis on individually planned care
- Staff are always person centred, advocating for independence and providing 24/7 support.

# **How To Find Us:**

- For satnav use postcode HP4 2ST
- Ashlyns sits just alongside the southbound side of the A41 near to the exit at A416 signposted Chesham. Exiting northbound, at the roundabout, turn towards Berkhamsted, go over next roundabout and Ashlyns Hall Estate will be on your right. Exit from southbound and Ashlyns Hall Estate is straight over and immediately on your right.

# To Arrange a Viewing or For Further Information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact us using the details below.

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